

## West Midland Long Course Championships 2018

Gala 1 – Coventry Sports Centre

28<sup>th</sup> and 29<sup>th</sup> April 2018

(Licence TBC)

### Meet Schedule



|                  |               |      | Saturday 28 <sup>th</sup> April  |                  |               |       | Sunday 29 <sup>th</sup> April    |
|------------------|---------------|------|----------------------------------|------------------|---------------|-------|----------------------------------|
| <b>Session 1</b> | <b>HEATS</b>  |      | <b>Start 9:00am</b>              | <b>Session 4</b> | <b>HEATS</b>  |       | <b>Start 9:00am</b>              |
| 101              | Women         | 400m | Individual Medley                | 401              | Men           | 400m  | Individual Medley                |
| 102              | Men           | 100m | Freestyle                        | 402              | Women         | 100m  | Freestyle                        |
| 103              | Women         | 100m | Backstroke                       | 403              | Men           | 100m  | Backstroke                       |
| 104              | Men           | 800m | Freestyle HDW<br>(by invitation) | 404              | Women         | 1500m | Freestyle HDW<br>(by invitation) |
|                  |               |      |                                  |                  |               |       |                                  |
| <b>Session 2</b> | <b>HEATS</b>  |      | <b>Start TBA</b>                 | <b>Session 5</b> | <b>HEATS</b>  |       | <b>Start TBA</b>                 |
| 201              | Men           | 200m | Individual Medley                | 501              | Women         | 200m  | Individual Medley                |
| 202              | Women         | 200m | Butterfly                        | 502              | Men           | 200m  | Butterfly                        |
| 203              | Men 14/16     | 400m | Medley Team<br>HDW               | 503              | Women 14/16   | 400m  | Medley Team<br>HDW               |
| 204              | Men 17/over   | 400m | Medley Team<br>HDW               | 504              | Women 17/over | 400m  | Medley Team<br>HDW               |
|                  |               |      |                                  |                  |               |       |                                  |
| <b>Session 3</b> | <b>FINALS</b> |      | <b>Start TBA</b>                 | <b>Session 6</b> | <b>FINALS</b> |       | <b>Start TBA</b>                 |
| 301              | Men 14/16     | 800m | Freestyle Team<br>HDW            | 601              | Women 14/16   | 800m  | Freestyle Team<br>HDW            |
| 302              | Men 17/over   | 800m | Freestyle Team<br>HDW            | 602              | Women 17/over | 800m  | Freestyle Team<br>HDW            |
| 303-304          | Women         | 400m | Individual Medley                | 603-604          | Men           | 400m  | Individual Medley                |
| 305-310          | Men           | 100m | Freestyle                        | 605-610          | Women         | 100m  | Freestyle                        |
| 311-316          | Women         | 100m | Backstroke                       | 611-616          | Men           | 100m  | Backstroke                       |
| 317-322          | Men           | 200m | Individual Medley                | 617-622          | Women         | 200m  | Individual Medley                |
| 323-328          | Women         | 200m | Butterfly                        | 623-628          | Men           | 200m  | Butterfly                        |
|                  |               |      |                                  |                  |               |       |                                  |

- Entry must be made via the competitors club using Sportsystems Entry Manager
- Entry times must be recorded in GB Ranking and from Level 1,2 or 3 competitions since 1<sup>st</sup> September 2017
- Closing date Wednesday 11<sup>th</sup> April 2018
- There will be finals for all events/age groups with the exception of the 1500m/800m and 400m events. The 1500m/800m will be HDW. The 400m IM and 400m freestyle will have 2 finals for each event – 14/under and 15/over.